

29th FIG TRAMPOLINE GYMNASTICS WORLD AGE GROUP COMPETITIONS

Sofia (BUL)

Appendix 6b

Training Schedules				
Monday - 21 November 2022				
		Training Hall	Warm-up Hall	Competition Hall
<i>Start</i>	<i>End</i>	(TRA/DMT)	(TRA/TUM/DMT)	(TRA/TUM/DMT)
09:00	09:45	Group 1	Group 7	
09:45	10:30	Group 2	Group 8	Group 7
10:30	11:15	Group 3	Group 9	Group 8
11:15	12:00	Group 4	Group 10	Group 9
12:00	12:45	Group 5	Group 11	Group 10
12:45	13:30	Group 6	Group 12	Group 11
13:30	14:15	Group 7	Group 13	Group 12
14:15	15:00	Group 8	Group 14	Group 13
15:00	15:45	Group 9	Group 15	Group 14
15:45	16:30	Group 10	Group 1	Group 15
16:30	17:15	Group 11	Group 2	Group 1
17:15	18:00	Group 12	Group 3	Group 2
18:00	18:45	Group 13	Group 4	Group 3
18:45	19:30	Group 14	Group 5	Group 4
19:30	20:15	Group 15	Group 6	Group 5
20:15	21:00			Group 6

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Appendix 6b

Training Schedules				
Tuesday - 22 November 2022				
		Training Hall	Warm-up Hall	Competition Hall
<i>Start</i>	<i>End</i>	(TRA/DMT)	(TRA/TUM/DMT)	(TRA/TUM/DMT)
09:00	09:45	Group 7	Group 1	
09:45	10:30	Group 8	Group 2	Group 1
10:30	11:15	Group 9	Group 3	Group 2
11:15	12:00	Group 10	Group 4	Group 3
12:00	12:45	Group 11	Group 5	Group 4
12:45	13:30	Group 12	Group 6	Group 5
13:30	14:15	Group 13	Group 7	Group 6
14:15	15:00	Group 14	Group 8	Group 7
15:00	15:45	Group 15	Group 9	Group 8
15:45	16:30	Group 1	Group 10	Group 9
16:30	17:15	Group 2	Group 11	Group 10
17:15	18:00	Group 3	Group 12	Group 11
18:00	18:45	Group 4	Group 13	Group 12
18:45	19:30	Group 5	Group 14	Group 13
19:30	20:15	Group 6	Group 15	Group 14
20:15	21:00			Group 15



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Training Schedules				
Wednesday - 23 November 2022				
		Training Hall	Warm-up Hall	Competition Hall
<i>Start</i>	<i>End</i>	(TRA/DMT)	(TRA/TUM/DMT)	(TRA/TUM/DMT)
09:00	09:45	Group 1	COMPETITION SCHEDULE	COMPETITION SCHEDULE
09:45	10:30	Group 2		
10:30	11:15	Group 3		
11:15	12:00	Group 4		
12:00	12:45	Group 5		
12:45	13:30	Group 6		
13:30	14:15	Group 7		
14:15	15:00	Group 8		
15:00	15:45	Group 9		
15:45	16:30	Group 10		
16:30	17:15	Group 11		
17:15	18:00	Group 12		
18:00	18:45	Group 13		
18:45	19:30	Group 14		
19:30	20:15	Group 15		

TUMBLING only		
<i>Start</i>	<i>End</i>	Training Hall
11:20	12:40	15-16 M (32)
12:40	14:00	15-16 W (38)
14:00	15:20	17-21 M (41)
15:20	16:40	17-21 W (34)

Note: no training available for 13-14

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Appendix 6b

Training Schedules				
Thursday - 24 November 2022				
		Training Hall	Warm-up Hall	Competition Hall
<i>Start</i>	<i>End</i>	(TRA/DMT)	(TRA/TUM/DMT)	(TRA/TUM/DMT)
09:00	09:45	Group 7	COMPETITION SCHEDULE	COMPETITION SCHEDULE
09:45	10:30	Group 8		
10:30	11:15	Group 9		
11:15	12:00	Group 10		
12:00	12:45	Group 11		
12:45	13:30	Group 12		
13:30	14:15	Group 13		
14:15	15:00	Group 14		
15:00	15:45	Group 15		
15:45	16:30	Group 1		
16:30	17:15	Group 2		
17:15	18:00	Group 3		
18:00	18:45	Group 4		
18:45	19:30	Group 5		
19:30	20:15	Group 6		

TUMBLING only		
<i>Start</i>	<i>End</i>	Training Hall
15:20	16:00	13-14 M (23)
16:00	16:40	13-14 W (31)
16:40	17:20	15-16 M (32)
17:20	18:00	15-16 W (38)

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Appendix 6b

Training Schedules				
Friday - 25 November 2022				
		Training Hall	Warm-up Hall	Competition Hall
<i>Start</i>	<i>End</i>	(TRA/DMT)	(TRA/TUM/DMT)	(TRA/TUM/DMT)
09:00	09:45	Group 13	COMPETITION SCHEDULE	COMPETITION SCHEDULE
09:45	10:30	Group 14		
10:30	11:15	Group 15		
11:15	12:00	Group 1		
12:00	12:45	Group 2		
12:45	13:30	Group 3		
13:30	14:15	Group 4		
14:15	15:00	Group 5		
15:00	15:45	Group 6		
15:45	16:30	Group 7		
16:30	17:15	Group 8		
17:15	18:00	Group 9		
18:00	18:45	Group 10		
18:45	19:30	Group 11		
19:30	20:15	Group 12		

TUMBLING only		
<i>Start</i>	<i>End</i>	Training Hall
15:35	16:25	13-14 M (23)
16:25	17:15	13-14 W (31)

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